

PARENTAL - CHILDREN AND YOUTH SPORTS MOTIVATION QUIZ

The following is a list of reasons that relate to why young people play sport. Please tick the relevant column expressing your opinion on why your child takes part in their sport?

Reasons for taking part	I agree	I'm not sure	I do not agree
1. My SON/DAUGHTER can be active			
2. My SON/DAUGHTER can learn new skills			
3. My SON/DAUGHTER can get better			
4. My SON/DAUGHTER can keep fit			
5. My SON/DAUGHTER can stay healthy			
6. MY SON/DAUGHTER can make and have friends			
7. My SON/DAUGHTER finds it exciting			
8. My SON/DAUGHTER takes part because I/we his/her parents want him/her to			
9. MY SON/DAUGHTER can win competitions			
10. My SON/DAUGHTER is good at it			
11. My SON/DAUGHTER can feel special			
12. My SON/DAUGHTER can find it helpful for life			
13. MY SON/DAUGHTER can have fun			
14. MY SON/DAUGHTER can be part of a team			
15. My SON/DAUGHTER will be helped to look good			
16. My SON/DAUGHTER will gain more energy			
17. MY SON/DAUGHTER can compete against others			
18. My SON/DAUGHTER can learn to get along with others			
19. MY SON/DAUGHTER can learn about themselves			
20. MY SON/DAUGHTER can learn self-control			
21. It will help My SON/DAUGHTER be a good athlete			
22. My SON/DAUGHTERs friends want him/her to take part			
23. MY SON/DAUGHTER can earn money in the future			
24. MY SON/DAUGHTER can be chosen for a better squad			
25. It makes my SON/DAUGHTER feel good			
26. It gives my SON/DAUGHTER confidence			
27. My SON/DAUGHTER like sport			
28. My SON/DAUGHTER likes their coach			

Now look at the list and write down the three most important reasons that you feel that your child takes part in sport.

1. _____
2. _____
3. _____